

# *Alpenglow Nature Hikes*

Lighting your way to the natural wonders of Alberta

## **Glacier Park Adventure/Heather Mountain Lodge Adventure 2012**

### **Introduction**

Glacier National Park was established in 1886 soon after the completion of the railway. It quickly became a mecca for early mountaineers from around the world. While not as famous as its eastern cousins, Banff and Jasper National Parks, Glacier does offer spectacular mountain vistas of glaciated peaks and alpine passes carpeted with beautiful flowers.

The general plan is to meet at Emerald Lake on the first day in Yoho Park for a hike around the lake. After lunch at the "Cilantro on the Lake Restaurant", we will drive to the Heather Mountain Lodge and check in. On the second and third day we will drive into Glacier National Park to hike Balu Pass (Aug. 18) and the Asulkan Valley or the Great Glacier trail (Aug. 19). On Monday we will return to Calgary with an option to hike a short trail on route, such as the Wapta Falls trail in Yoho Park.

An information package will be sent to you after your registration.



Heather Mountain Lodge



Balu Pass- Parks Canada Photo

*Alpenglow Nature Hikes*

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## Itinerary:

**Note: The exact itinerary will depend on trail and weather conditions.**

August 17

10:30 AM – Meet at Emerald Lake  
Hike the Emerald Lake Circuit.  
12:30 AM – Lunch at Cilantro on the Lake  
2:00 PM – Drive to Heather Mountain Lodge  
3:30 PM – Check into lodge  
6:00 PM – Dinner

August 18

8:00 AM – Breakfast, obtain lunches  
9:30 AM – Drive to hike Balu Pass Trail  
(13 km return, 780 meters elev. gain)  
5:00 PM – Return to lodge.  
6:00 PM – Dinner

August 19

8:00 AM – Breakfast, obtain lunches  
9:30 AM – Drive to hike Asulkan Valley  
(14 km return, 800 meters elev. gain)  
5:00 PM – return to Lodge  
6:00 PM – Dinner

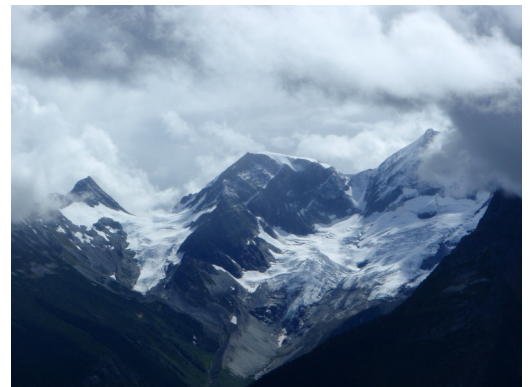
August 20

8:00 AM – Breakfast  
9:30 AM – Check out of lodge.  
Drive back to Calgary with option for a short hike on route.

Photos by Jane Braathen



Balu Pass



Bonney Glacier

## References

Heather Mountain Lodge: <http://www.heathermountainlodge.com/>

Glacier National Park: <http://www.pc.gc.ca/eng/pn-np/bc/glacier/activ/activ2/activ6.aspx>

Emerald Lake: Wonder of Yoho by Don Beers

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